



ANNUAL REPORT

Rise Up 2 Thrive

Website: riseup2thrive.org

Tel: 208-382-5310

Physical Address:

404 S Main St., Cascade, ID 83611

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LETTER FROM THE EXECUTIVE DIRECTOR

As we reflect on another impactful year at Rise Up 2 Thrive (RU2T), we are grateful for your continued support and commitment to our mission. What we have accomplished in our second year is a testament to the strength and support of our community. Our team feels much larger than our current staff of one full-time and one part-time employee, given our active and engaged volunteers, donors, and partners.



It is through the generous contributions and efforts in our 2023-24 fiscal year that RU2T has been able to:

Provide confidential and no-cost services to more than 194 fellow community members through case management, legal advocacy, counseling referrals, medical advocacy, crisis interventions, safe shelter, relocation assistance, safe housing, and other vital services.

Provide a gift to our community with our new brave space located at 404 S Main St, Cascade, Idaho. Our brave space offers an inviting playroom for children to feel safe while their parent is able to share their story and needs. This allows for the parents to openly communicate and express emotions without exposing the children to any more traumatic experiences or conversations. In addition, law enforcement are able to interview a victim in a safe space away from their home.

Having a comfortable and safe place for victims and their children to be housed while determining next steps for managing their crisis situations is life-saving and life-changing. A critical component in helping community members leave unsafe and abusive environments is Rise Up 2 Thrive's ability to provide safe shelter in a furnished, comfortable and secure space. We are able to store clothing, personal hygiene items, and bedding on site; items which are often needed because victims must leave without any personal belongings.

Conduct 39 education and awareness campaigns, reaching thousands with crucial information on recognizing and preventing domestic violence.

Provide comprehensive training to law enforcement, healthcare providers, and community members to improve the support network for survivors of domestic violence and sexual assault.

While we have celebrated many successes, we have also faced significant challenges. Resource limitations and the increasing demand for services have tested our capacity. However, the support we receive from fellow community members, partner organizations, and individuals has enabled us to meet these challenges head-on, ensuring that NO ONE is left without help.

Your dedication to our cause changes lives and inspires hope and resilience in our community. We look forward to continuing this vital work together in the year ahead.

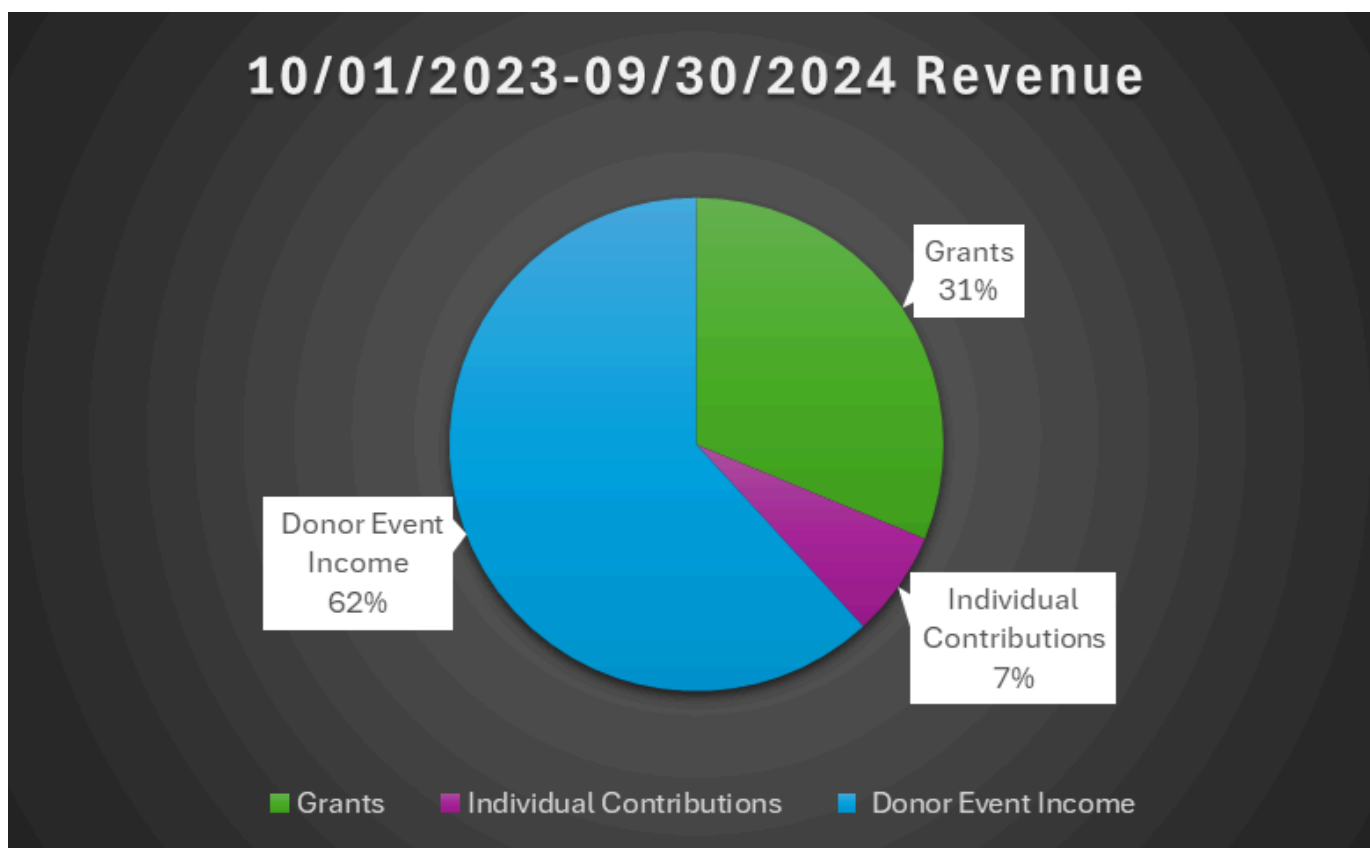
With gratitude,

A handwritten signature in cursive script that reads "Kacie Bracht".

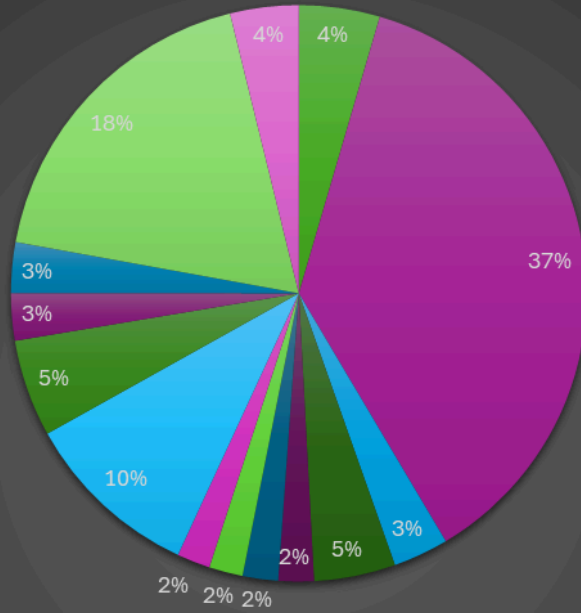
Kacie Bracht, Executive Director

FINANCIAL SUMMARY

In 2024, Rise Up 2 Thrive has showcased remarkable financial health and responsibility, ensuring our resources are powerfully directed toward supporting survivors. Our dedicated team is dedicated in its commitment to meticulous financial management, ensuring that every dollar is maximized for impact. We strategically allocate expenses across program services, general operations, and fundraising, while upholding rigorous accounting practices to protect our assets. By managing a diverse range of funding sources and carefully tracking the useful life of our assets, we are committed to the stability and sustainability of our organization. Looking to 2025, we are energized to build on this strong foundation. With confidence in our financial strategies, we aim to amplify our mission, allowing us to extend our services and help even more survivors in our community achieve the safety, stability, and support they rightfully deserve.



10/01/2023-09/30/2024 Expenditures



- Advertising/Promotional
- Education & Outreach
- Insurance
- Office/General Administrative Expenditures
- Payroll
- Rent or Lease of Buildings
- Total Client Services
- Case Management
- Event Expenses
- Insurance
- Other Expenses
- Program Support
- Repair & Maintenance
- Total Utilities

ABOUT US

Our Vision

Rise Up 2 Thrive (RU2T) is committed to inspire change, so we can support a thriving, respectful community.

Our Mission

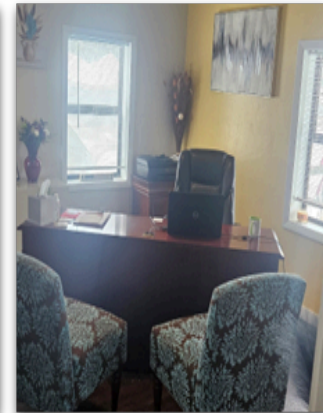
To provide essential high-quality wrap around victim services to people that have been affected by domestic violence, sexual assault, child or elder abuse, and human trafficking. Respect, recognize, and honor the choices of individual victims while encouraging personal growth through healing activities and empowerment in a safe environment and supportive community.

Our History

Advocacy work in Valley County is not something new. This type of work has been offered for many years through an extension of ROSE Advocates, and prior to that through Long Valley Families in Crisis. In May 2022, an exploration was completed to identify and measure outcomes, barriers, community norms, root causes and needs. It became apparent that it was essential to create and build an organization rooted in our community.

Rise Up 2 Thrive is the only victim services agency offering resources to assist victims of domestic violence, sexual assault and human trafficking in Valley County and surrounding areas. Since launching in October 2022, Rise Up 2 Thrive has worked with more than 450 fellow community members who have been affected by domestic violence and/or sexual assault, assisted in 38 domestic violence/sexual assault exams, accompanied individuals for numerous civil and criminal cases, and hosted 69 outreach events while educating hundreds of community members, including first responders. All of our confidential services are provided at no cost and without judgment.

(data current as of January 06, 2025)



TESTIMONIALS

Testimonial 1

I am writing this letter to underscore the importance of a community program such as Rise Up 2 Thrive here in Valley County. This is not based on opinion, rather a very personal experience I have had with them that exemplifies the importance in the lives of myself and many others.

Exactly one year ago, I was involved in a violent, domestic abuse situation that left my three children and I without a home. I had just moved to Valley County less than a month prior and had no contacts or family resources of any kind. The night of the incident, I was still bruised and bleeding when a woman showed up at my door. My ex-husband had fled to avoid being arrested and was unsafe for me to stay in the home. She helped my children and I pack our belongings and took us to a local hotel where we would be out of harm's way.

Over the next several months, I was given immense support and was put in touch with several local resources. These resources:

- Helped me find a home to live
- Put food on my table
- Located childcare I could afford on my o
- Assisted in the preparation of court documents
- Prepared me for the rigorous legal battle
- Offered emotional support

These are but a few of the many ways that Rise Up 2 Thrive has impacted my life. I am stable, on my feet, and providing for my children well. Without this vital community resource, I could not imagine succeeding as I have. My life was thrown into unthinkable chaos in the course of a single night. Rise Up 2 Thrive helped me weather the storm that would have otherwise broken me down. They. Are. Essential.

Testimonial 2

Thank you for giving me hope when I felt like I had none. Thank you for showing me that normal was not threatening to take away my kids and everything my kids would need. I love that you saw me broken and still didn't treat me like I was not able. You saw someone who needed help and loved me through the garbage, thank you.

I still have a hard time speaking up, but I remember you and think you're worth speaking up for, just like you showed up for me. Thank you for being the lighthouse that got me through some of the darkest times and helped me not give up on staying no matter what, for my children, most of all. I totally understand for anyone who couldn't stay, it's not okay for anyone to threaten to take away everything including one's children just because they're scared the spouse will leave. That is not love

SERVICES OFFERED

CRISIS INTERVENTION

- Provide immediate and confidential crisis intervention
- Offer on-scene response when deemed safe by law enforcement
- Provide hospital response in support of community member in crisis
- Offer emergency housing when needed

MEDICAL SERVICES

- Provide immediate and confidential hospital advocacy
- Work with sexual assault nurse examiners to complete free forensic exams
- Address immediate and follow up medical needs
- Coordinate referrals to ensure safety when released

EMERGENCY SHELTER

- Provide immediate and confidential shelter to anyone in imminent danger
- Arrange emergency short-term shelter and longer stay options when needed

CASE MANAGEMENT

- Assess, plan, collaborate, and advocate to help meet a client's needs.
- Create a case plan that supports a client's goals and connects our client with referrals and wrap around services provided by partners in government and community based agencies
- Provide on-going and long-term safety planning, medical, nutritional and/or other health services, children's resources, counseling referrals, transportation, life skill classes, financial planning/advice, resume writing and job interview preparation

COURT ADVOCACY & LEGAL ASSISTANCE COUNSELING

- Ensure that our clients' right to safety is protected through the legal process
- Explain court processes, discuss options and identify client concerns.

- File protection orders on behalf of our clients
- Accompany clients to and from civil and criminal court hearings.
- Provide emotional and physical support in and out of the courtroom.

OTHER SERVICES

- Relocation Assistance
- Coordinating and arranging safe housing/shelter outside of Valley County
- Moving Assistance
- Financial Assistance - Bus Tickets, Plane Tickets, Uhauls, etc
- Making sure that they have all the necessary furnishings, household essentials etc.

Thank you everyone for all your time and dedication to helping our community!

BOARD OF DIRECTORS

Board of Directors

Dana Heintz, President
Val Davis, Secretary
Amanda Sprague, Treasurer
Ginnell Hellhake

Brian Hines
Shane Hinson
Rebecca Hurd



VOLUNTEER IMPACT

- Over 1000+ volunteer hours reported.
- Five volunteers getting training hours to be able to work directly with clients
- New training portal created
- Volunteer Coordinator hired on staff
- Volunteers make a difference in many ways, including greeting people, hanging up flyers, creating marketing materials, setting up and working at fundraising events, managing booths, remodeling projects, painting, yard work, and much more.



COMMUNITY OUTREACH & ENGAGEMENT

- 39 total events, booths, collaborating efforts
- National Night Out - We had 3 booths one in each community
- Trunk or Treat - We participated in 2 events (McCall and Cascade)
- Courage to Connect - Ignite Idaho's event but encourages outside agencies to come and network and share resources
- Purple Night Out - Cascade Senior Night - Senior Project
- The Hoe Down - 1st year participating
- Rise Up 2 Wine Down - 1 Annual was a success



2023-2024 DONORS

Individual Contributions

We are thrilled to announce that our incredible individual donors have helped us raise an astonishing \$8,832.89! Your generous support means the world to us, and we can't thank you enough for being part of our journey. Together, we're making a real difference!

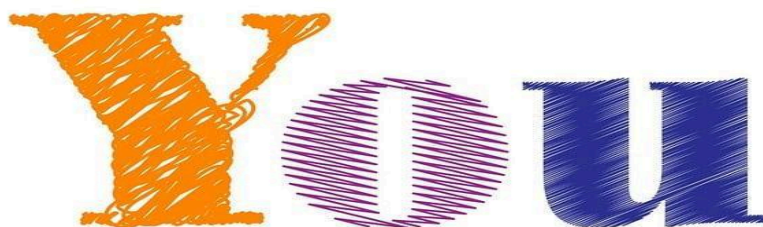
Corporate, Foundation & Federal & State Grants, & In-kind (Work and/or Materials)

Ann and Frank Cohouet Foundation
Backcountry Boutique
Blue Ribbon Properties
Cascade Medical Center
Cascade Mercantile
Dix Brown Fund
Donnelly Area Chamber of Commerce
ELS Hardwood Flooring
Freedom Outdoors
Gravity Works
H&H Towing
Idaho Forever Foundation
Iron Woman Construction
Laura Moore Cunningham Foundation
Lakefront Bar and Grill

McCall Payette Lakes Rotary
Mountain Central Association of Realtors
Mountain Resort Realty
Payette Lakes Progressive Club
RE/MAX Resort Realty
Perc H. Shelton & Gladys A. Pospisil
Shelton Foundation
Stibnite Foundation
St Luke's CHIF Fund
The Friends of Kelly Whitewater Park
The Roxy Theater
Valley County Opioid Settlement Fund
Whitetail Plumbing
Umpqua Bank



Thank



YOU